

## USDA National Nutrient Database for Standard Reference Release 28

## Statistics Report 03009, Babyfood, meat, ham, junior

Report Date: October 27, 2015 06:20 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
<b>Proximates</b>													
Water	g	80.50	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	03/2007
Energy	kcal	97	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Energy	kJ	407	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Protein	g	11.30	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	03/2007
Total lipid (fat)	g	3.80	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	03/2007
Ash	g	0.70	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Carbohydrate, by difference	g	3.70	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Fiber, total dietary	g	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Sugars, total	g	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	02/2005
<b>Minerals</b>													
Calcium, Ca	mg	5	--	1.000	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Iron, Fe	mg	1.01	--	0.060	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007

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Magnesium, Mg	mg	11	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Phosphorus, P	mg	89	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Potassium, K	mg	210	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Sodium, Na	mg	44	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	07/2010
Zinc, Zn	mg	1.70	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Copper, Cu	mg	0.068	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Selenium, Se	µg	15.0	--	1.100	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1997
Fluoride, F <sup>1</sup>	µg	3.2	--	--	1.1	5.4	1.0	--	--	1	Analytical or derived from analytical	--	03/2007
<b>Vitamins</b>													
Vitamin C, total ascorbic acid	mg	2.1	--	0.200	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Thiamin	mg	0.142	--	0.009	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Riboflavin	mg	0.194	--	0.014	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Niacin	mg	2.840	--	0.113	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Pantothenic acid	mg	0.531	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007

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Vitamin B-6	mg	0.200	--	0.013	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Folate, total	µg	2	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Folic acid	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	01/2001
Folate, food	µg	2	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Folate, DFE	µg	2	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2009
Choline, total	mg	45.2	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Vitamin B-12	µg	0.10	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	02/2005
Vitamin A, RAE	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Retinol	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Carotene, beta	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2007
Carotene, alpha	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2007
Cryptoxanthin, beta	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2007
Vitamin A, IU	IU	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Lycopene	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2007
Lutein + zeaxanthin	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2007
Vitamin E (alpha-tocopherol)	mg	0.40	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2005
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	02/2005
Vitamin D (D2 + D3)	µg	0.4	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2009
Vitamin D3 (cholecalciferol)	µg	0.4	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2009
Vitamin D	IU	18	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2009

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Vitamin K (phylloquinone)	µg	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
<b>Lipids</b>													
Fatty acids, total saturated	g	1.271	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
4:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
6:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
8:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
10:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
12:0	g	0.010	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
14:0	g	0.083	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
16:0	g	1.445	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
18:0	g	0.702	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Fatty acids, total monounsaturated	g	1.804	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
16:1 undifferentiated	g	0.181	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
18:1 undifferentiated	g	2.928	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
20:1	g	0.070	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Fatty acids, total polyunsaturated	g	0.516	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
18:2 undifferentiated	g	0.829	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
18:3 undifferentiated	g	0.030	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
18:4	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
20:4 undifferentiated	g	0.051	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Cholesterol	mg	29	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
<b>Amino Acids</b>													
Tryptophan	g	0.149	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Threonine	g	0.656	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Isoleucine	g	0.718	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Leucine	g	1.208	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Lysine	g	1.283	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Methionine	g	0.386	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Cystine	g	0.186	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Phenylalanine	g	0.576	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Tyrosine	g	0.506	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Valine	g	0.779	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Arginine	g	1.022	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Histidine	g	0.514	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Alanine	g	0.911	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Aspartic acid	g	1.442	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Glutamic acid	g	2.271	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007

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Glycine	g	0.866	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Proline	g	0.702	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Serine	g	0.547	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
<b>Other</b>													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2007
Caffeine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2007
Theobromine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2007

**Sources of Data**<sup>1</sup>Steven Levy Fluoride data on infant foods and beverages, 2003 unpublished Fluoride data from Dr. Steven Levy, University of Iowa